

# Teeth Whitening

Last Updated Wednesday, 26 August 2009

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Your smile is one of the first things you notice when you meet someone. A whiter brighter smile is beautiful, it can help you feel better about yourself, giving you confidence and making that all important first impression. Your lifestyle and the aging process can stain and darken your teeth. Drinking coffee, tea, cola, red wine and smoking can contribute to stained teeth. Whitening can get your smile looking its best.

The Zoom! Chair Side Bleaching System also referred to as laser whitening when a laser is used is a safe, and effective scientifically advanced tooth whitening procedure. The procedure takes place in the Dentists Clinic. In just over an hour your teeth will become dramatically whiter resulting in a fresher look to your teeth, reducing stains without damage to tooth structure making you look years younger.

## The Procedure

Our preferred Dentist will determine if you are a suitable candidate for this procedure through a thorough oral examination. The dentist begins by checking for cavities and cleaning the teeth thoroughly. A protective gel or rubber shield is applied to the soft tissue in the mouth to protect it. A peroxide based bleaching gel is then applied to the teeth and left on for a predetermined period of time. In laser bleaching, a laser is directed at the teeth to enhance the bleaching effect. In just over an hour your teeth will become dramatically whiter. A five minute fluoride treatment completes the procedure. The Dentist will provide you with some simple post whitening care instructions.

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Sensitivity during the procedure may occur with some patients. On rare occasions, minor tingling sensations maybe experienced immediately after the procedure, but always disappear.

As with any teeth whitening product, Zoom! is not recommeded for children under 13 years of age, pregnant women or women who are breastfeeding. During the procedure patients are expected to wear protective eyewear. Light sensitive individuals, including those undergoing PUVA (Psaolaren and UV Radiation) or other photo chemotherapy, or patients with Melanoma, should not go through the Zoom! procedure. Patients taking light sensitive medication whether bought over the counter, prescription or homeopathic, should consult their GP prior to the procedure.

Please feel free to contact us for an inclusive list of treatments available

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