

# Reasons and Expectations

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## Reasons and Expectations

Cyprus Plastic Surgery & Cyprus Cosmetic Surgery, dental , Ophthalmic and general surgery in Cyprus is becoming increasingly popular. It can change your appearance in ways that you may consider desirable and attractive. As a first step you need to think long and hard about why you feel you may benefit from cyprus cosmetic surgery . It should be a decision you take after a lot of careful thought and questioning. You should note that it is not advisable to undergo cosmetic surgery if you are pregnant or if you have certain medical conditions, or if you are taking certain medications. It is a good idea to talk to your GP if you are considering cosmetic surgery. He or she will be able to give you general advice about surgery and about any particular health issues you should mention to your surgeon. Please note patients must be 18 years or older, have proof of identity and be capable of informed consent.

## Procedures

If you wish to go ahead with your chosen procedure in Cyprus you will be offered a telephone consultation call if you are overseas to talk to your chosen surgeon. The CV's of all our doctors and surgeons are available and can be sent to you upon request. You can also access patient testimonials from the following independant medical websites: [www.visitandcare.com](http://www.visitandcare.com) and [www.whatclinic.com](http://www.whatclinic.com). At Cyprus Sun Med Connections we can put you in touch with other patients to help you gain an insight into your chosen procedure. There are several internet sites you may have found and used, however it is always useful to speak to someone who has been through the same journey you are about to take, with the same guidelines, and aftercare programme.

You may find it helpful to write down all your questions down beforehand so you don't forget anything. Or you may prefer to attend the consultation call with your partner, a family member or a friend, who can remind you to ask for information if you forget.

It is important to be honest when you talk to the surgeon. Being clear about your expectations of the procedure will make sure that the surgeon can give you the correct advice about whether the procedure will give you the results you want. Be truthful about any health or lifestyle issues that the surgeon may ask you about, as these could affect the results of your procedure. You should make sure that you tell the surgeon about all existing medical conditions, including pregnancy,

and all medications you are taking including vitamins and supplements so that the surgeon can determine whether or not there are any additional risks associated with those conditions and/or medications.

Certain medical conditions may prevent you from having surgery. The surgeon will discuss this with you if it is relevant. Don't be afraid to ask if you don't understand and if you don't understand any words ask for them to be written down and explained.

The surgeon will provide full details of the procedure itself, including what will happen, how long it will take, what anesthesia will be used, whether you will require an overnight stay, the level of pain you will experience, how long the results of the procedure will last, whether there will be any scars and any risks the procedure will carry. The surgeon will request a reasonably close up, yet clear digital photograph (in colour) of the area(s) of your body requiring surgery. We guarantee you that your images and identity will be treated with discretion.

## Risks

All surgery contains a certain element of risk-including risks associated with anesthesia , infection and scarring. The surgeon will provide a full explanation of the general risks of surgery and any particular risks associated with your chosen procedure. For those procedures requiring a general anesthetic your anesthetist will discuss this with you before your surgery, and any issues that relate to your well being and safety. Your anesthetist will also discuss your preferences regarding anesthesia and help you decide what would be best for you.

In common with all surgical procedures that involve an incision in the skin, cosmetic cosmetic procedures involving incisions will leave scars. These will be permanent and may be quite pronounced and inflamed at first but usually the scar tissue will subside and the redness will fade over time. This may happen over a period of weeks or it may take several months or even a year or so, depending on the location and extent of the incision (s).

## Aftercare

The surgeon will also talk to you about any special regime you need to follow before surgery, the recovery time and the aftercare procedures. The success of your chosen procedure may depend on the following pre- surgery regime and the aftercare advice, so you must make sure that you understand the advice and that you are prepared and able to follow it. For example if the surgeon says that you need to be away from work for two weeks following your operation then you will need to make sure that you will be able to take sufficient time off work.

The surgeon will give you written information to take away with you after the consultation so that you can refer back to it if you need to.

Cyprus Cosmetic Surgery - Cyprus General Surgery - Ophthalmic - Cyprus Dental treatments